REGISTRATION FORM

Send to à W. Bok willybok@belgacom.net

Name 1st name

Age Gender

Mobile #

E-mail

Years of practice of Iyengar Yoga Years of teaching IY

Medical background

I register to the workshop 14/7-18/7

I send 150€ on BE34 2100 4586 5490

I pay 150€ in a class

I am looking for boarding

I offer boarding

Signature



Willy Bok

- registered physiotherapist
- certified Level 3 teacher Ramamani Iyengar Memorial Yoga Institute (RIMYI) Pune, Inde
- teaches since 1991
- Trainer/Mentor in Iyengar® yoga

Workshop for teachers and intermediate-advanced students

Iyengar Yoga

Level 2+ workshop
14-18 July 2027

5 days of practice & teaching LEVEL 2-3

Iyengar Yoga Center Brussels

with **Willy Bok**

Level 3 Iyengar® yoga teacher

Iyengar Yoga Center of Brussels

The venue of 250 m2 is located in Brussels near the Ponds of Ixelles & Flagey.
It is fully equipped and auspicious to yoga practice.
Address : Rue de la Cuve 26 Kuipstraat
1050 Ixelles-Elsene

Acces
Bus 59, 60, 71 Tram 81, bikes welcome. Parking square Flagey

Boarding
Do you offer boarding ?
Are you looking for boarding ?



Schedule

9:00 – 10:00	pranayama
10:00 – 10:15	pause
10:15 - 12:45	asana practice
12:45 - 14:00	lunch break
14:00 - 16:30	asana practice & teaching asana

Props supplied

Fees 350€/ 5 days.

Register by mail & send 150€ deposit to
IBAN BE34 2100 4586 5490 Willy Bok or in class
Comment: *Level 2+ Workshop July 2027*.

Reimbursement : 100% if cancellation 1 month before,
50% if cancel 15 days before.
Balance to be paid before or upon coming.



Contact

willybok@belgacom.net

T. 02 345 35 60
www.aumyoga.be

