



BKS IYENGAR YOGA CENTER of Brussels

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www.aumyoga.be

Time table 2025-2026 as of 1/09

Monday	10.00 – 11.30AM	Level 1-2
	4.15 – 5.45PM	Remedial Class
	6.30 – 8.00PM	Level 1
	6.30 – 8.00PM	Level 2
	8.10 – 9.40PM	Level 1-2
Tuesday	10.00 – 11.30AM	Level 2
	12.30 – 1.30PM	Midday yoga *
	2.00 – 3.30PM	Perinatal
	4.15 – 5.45PM	Minor problems
	6.30 – 8.00PM	Level 2
Wednesday	8.30 – 9.30AM	Pranayama *
	10.00 – 11.30AM	Level 1
	10.00 – 11.30AM	Level 2
	6.30 – 8.00PM	Level 2
Thursday	9.30 – 11.00AM	Level 1
	11.15 – 1.00PM	Level 3
	6.30 – 8.00PM	Level 1
Friday	10.00 – 11.30AM	All levels
	6.30 – 8.00PM	Level 1
Saturday	9.30 – 11.00AM	Level 1
	9.30 – 11.00AM	Level 2
	11.15A – 12.45PM	Level 1
	11.15A – 12.45PM	Level 3

1 c:20€, 10 c/3months:170€ * Midday & pranayama: 15€/120€

Intensives, matinees, workshops www.aumyoga.be

